


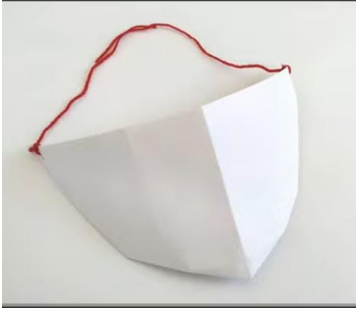


CLUB LESSON PLAN (SEPTEMBER 2024-25)

Name of the club:-DIY NINJA

Theme of the month :- HEALTH and HYGIENE

S.NO	ACTIVITY NAME	LEARNING OUTCOME
<p><u>1.</u></p>	<p><u>Wash Your Hands</u></p>  <p>Children will draw their hands and on one hand they will draw germs and on the other hand they will draw water bubbles showing clean hands.</p>	<p>a. Children will learn the importance of hand washing in preventing the spread of germs.</p> <p>b. It fosters the process of proper hand wash and staying healthy.</p> <p>c. By participating in the craft , kids learn to take responsibility for their own hygiene.</p>
<p><u>2.</u></p>	<p><u>My Healthy Plate</u></p>  <p>Children will paste small cutouts of fruits, vegetables, protein rich food and grains on the divisions made on a paper plate.</p>	<p>a. Children will understand the importance of balanced diet.</p> <p>b. They will use their creativity and artistic skills.</p> <p>c. It will promote to eat healthy food in order to stay fit and healthy.</p> <p>d. It will enhance their fine motor skills.</p>

<p><u>3.</u></p>	<p><u>Let's learn about coughing Katy</u></p>  <p>Children will make this cute little coughing Katy with used paper cups.</p>	<p>a. Children will understand how germs can spread illness like cold and flu.</p> <p>b. They will understand the importance of good hygiene practices.</p> <p>c. They will practice explaining the importance of hygiene to others enhancing vocabulary.</p> <p>d. It will promote healthy habit and sense of collective community responsibility.</p>
<p><u>4.</u></p>	<p><u>Face Mask</u></p>  <p>Children will do this DIY craft using colorful paper to make face mask.</p>	<p>a. Cutting, folding and manipulating materials help improve fine motor skills and hand eye coordination.</p> <p>b. It encourages the use of recycled or readily available materials.</p> <p>c. Provides insight to the importance of wearing mask to prevent from pollution and spreading of diseases.</p>